

For further information on any of our Services, please call our Helpline on 0333 344 8355 or email helpline@alcoholanddrugsaction.org.uk or for groups information, please email adagroups@alcoholanddrugsaction.org.uk

Services

Needle Exchange

Open for N/X @ Hadden St
Mon-Fri 1030-1300; 1400-1700
Sat/Sun - 1400-1700

Helpline

Helpline 0333 344 8355
Mon-Fri 1030-1300; 1400-1700
Sat & Sun - 1200-1300, 1400-1700

Sharp Response

Needle Exchange Delivery/Pick Up
Call our Helpline to book

Duty Drop In

Mon-Fri 1030-1230; 1400-1630
Sat & Sun - 1200-1300

Groups

Daily Check In (Zoom)

0930-1000 every weekday
1000-1030 Sun

ADAPT (Zoom meeting)

Wed 1700-1830 (Face to Face
& Zoom)

All Recovery Meeting

Fri - 1500-1600 (All Welcome -
City online).

Family & Friends Support Group

Every fortnight on Wednesdays 1930-
2100 (Face to Face & Zoom)
Please call our helpline 0333 344
8355 or email
fsg@alcoholanddrugsaction.org.uk

Groups

GARDENING

With proven benefits for mental health and general well being the Gardening group has it's own Poly Tunnel at Hazelhead Park. Meet new people and get busy growing produce. Meets Wednesday, subject to seasonal timetable.

ART

Release your inner Picasso. Get creative and connect with others. Workshops also held to explore different creative styles.
Wednesday 2 - 4pm Credo building, John St.

CRAFT

Meet with others with an interest in all things craft. Friday 11am-1pm at the Salvation Army Citadel building, no referral required.

